FRONT

EMERGENCY PREPAREDNESS
STARTS WITH YOU

Visit: ready.hawaii.gov

ARE YOU 2 WEEKS READY?

BUILD KITS

Have Go Bags ready for work, each family member, pets, & a vehicle safety kit too.

PET FOOD

CALL

Soup

ID CARD

PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

Water (1 gal. per person/day)
Food (Non-perishable)
First Aid Kit
Medical Equipment
Medications
NOAA Alert Radio
Extra Batteries

Flashlight
Can Opener
Tools
Warm Clothes
Sturdy Shoes
Personal Hygiene Items
Toilet Paper

Pet Supplies
Fire Extinguisher
Glasses/Eye Care
Cash/Identification
Mask/Sanitizer
Important Documents
Comfort/Entertainment

8.5"

5.5"

ACTIONS TO TAKE DURING A QUAKE

DROP

COVER

HOLD ON

If there is no table around, get lower than the other furniture.
THINK – BENEATH • BESIDE • BETWEEN

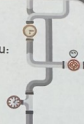# AFTER THE SHAKING

- Check for injuries & apply basic first aid.
- Check your building for structural damage.
- Leave building if unsafe.
- Help your neighbors.

Shut off the water at the main valve.

Shut off gas **ONLY** if you:
- Smell natural gas
- Hear hissing
- See the dial spinning rapidly

FOR MORE INFORMATION

Local television

Your local Emergency Management office

Emergency radio stations
NOAA weather radio channels

@Hawaii_EMA

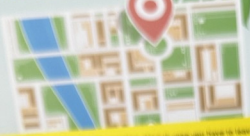facebook.com/HawaiiEMA

ready.hawaii.gov

PLAN AHEAD!

Determine an accessible meeting place in case you have to leave your home or work, so you can reunify your family.

LEARN ABOUT DISASTER PLANS FOR:

Your children's school

Your medical and/or transportation provider

What places where your family spends time

Your workplace

Check with your local emergency management office to:

- Sign up for emergency alerts and notifications.
- Identify your local emergency alert system (EAS) radio stations.
- Know your evacuation and alternate transportation routes.

WAYS TO HELP EACH OTHER

- Know how you'll help people & pets who normally rely on you.
- Form a neighborhood group. Please visit ready.hawaii.gov for a listing of preparedness groups.
- Help organizations in your neighborhood that may need support during a disaster.
- Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills.

COMMUNICATION IS KEY —

- Write down important emergency contact information.
- Texts are more likely to go through than calls.
- Have an extra cell phone charger and batteries.
- An out-of-area contact can serve as a relay point for family communication.

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EMERGENCY PREPAREDNESS STARTS WITH YOU

Your ready.nevada.gov

ARE YOU 2 WEEKS READY?

Have Go Bags ready for work, each family member, your pets, & a vehicle safety kit too.

BUILD KITS

PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

- Water (1 gal. per person/day)
- Food (non-perishable)
- First Aid Kit
- Medical Equipment
- Medications
- NOAA Alert Radio
- Extra Batteries

- Flashlight
- Can Opener
- Tools
- Warm Clothes
- Sturdy Shoes
- Personal Hygiene Items
- Toilet Paper

- Pet Supplies
- Fire Extinguisher
- Glasses/Eye Care
- Cash/Identification
- Mask/Sanitizer
- Important Documents
- Comfort/Entertainment

PLAN AHEAD!

Determine an accessible meeting point in case you have to leave your home or work, or if you can return home during an emergency.

LEARN ABOUT DISASTER PLANS FOR:

Check with your local emergency management office to:

- Sign up for emergency alerts and notifications
- Identify your local emergency management system (E.A.S.) radio stations
- Know your evacuation and alternate transportation routes

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